

# Egerton Nursery & out of School Club

## Allergies and Allergic Reactions Policy



Egerton Nursery and Out of School Club

EYFS: 3.47, 3.45

### Document History

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### Version History

Version	Date	Changes
2	25/06/2021	None
3	20/06/2022	
4	12/06/2023	See highlighted- NDNA guidance

### List of Abbreviations Used

R.O	Responsible Officer
FIR	Food Information Regulations

## Allergies and Allergic Reactions

*At ENOOSC we are aware that children may have or develop an allergy resulting in as allergic reaction.*

*Our aims are to ensure allergic reactions are minimised or, where possible, prevented and that staff are fully aware how to support a child who may be having an allergic reaction.*

### Our procedure

- All our staff are made aware of the signs and symptoms of a possible allergic reaction in case of an unknown or first reaction in a child.

These may include a rash or hives, nausea, stomach pain, diarrhoea, itchy skin, runny eyes, shortness of breath, chest pain, swelling of the mouth and/or tongue, swelling of the airways to the lungs, wheezing and anaphylaxis.

- We ask parents to share all information about allergic reactions and allergies on the child's registration and to inform staff of any allergies discovered after registration.
- These children will have a care plan put into place & shared with all concerned.
- We share all information with all staff each time there is an update & in regular staff meetings.  
We also keep an allergies register/list on the wall in the kitchen, containing the child's medical information & photo of the child.
- Where a child has a known allergy, the setting manager will carry out a full allergy risk assessment with the parent prior to the child starting the setting and/or following notification of a known allergy and this assessment is shared with all staff. This may involve displaying photos of the children along with their known allergies in the kitchen or setting, where applicable. In addition the Manager/parents/keyperson will have a meeting to discuss all signs and symptoms before the child starts at the setting. Which in turn will be shared with all staff.
- As we are a nut free setting the food will be prepared in the kitchen/school kitchen-Staff are appropriately trained.
- The Manager will ensure that any children with specific allergies will not receive any foods that may harm them. This may result in offering substitute foods.

- Seating will also be monitored for children with allergies. Where deemed appropriate, staff will sit with children who have allergies and where age/stage appropriate staff will discuss food allergies and the potential risks.
- If a child has an allergic reaction to food, a bee or wasp sting, plant etc. A first aid trained member of staff will act quickly and administer the appropriate treatment where necessary. We will inform parents and record the information in the incident book.
- All staff will be trained in using an EpiPen and administering Buccolam/Midazolam.
- All staff are Paediatric First Aid trained & 2 staff members are also Health & Safety at work trained.

**Food businesses must make sure that staff receive training on allergens. Staff can complete the free food allergy training.**

*Food Information Regulations (FIR) 2014 From 13 December 2014, we will incorporate additional procedures in line with the Food Information Regulations 2014 (FIR).*

We will display our weekly menus on the Parent Information Board & our website [www.egertonnursery.co.uk](http://www.egertonnursery.co.uk)

## Transporting Children to Hospital

The setting Manager/Assistant Manager/R.O/staff member must:

- Call for an ambulance immediately if the reaction is severe. DO NOT attempt to transport the sick child in a staff vehicle.
- Whilst waiting for the ambulance, contact the parents/s and arrange to meet them at the hospital.
- Use a modesty blanket where necessary.
- Arrange for the most appropriate member of staff to accompany the child, taking with them any information such as registration forms, relevant medication sheets, (To be filled in RED) medication and the child's comforter
- Re-deploy staff if necessary to ensure correct ratios for the remaining children. This may mean temporarily grouping the children together
- Inform a member of the Management Team immediately
- Remain calm at all times.

## ALLERGIES & ALLERGIC REACTIONS POLICY

- Children who witness an incident may well be affected by it and needs lots of reassurance.
- Staff may need additional support following the incident.

<b>This policy was adopted on</b>	<b>Signed on behalf of the nursery</b>	<b>Date for review</b>
<i>25.06.2021</i>		<i>June.2024</i>